MITT
EUROPEAN GROUP ON
MINIMALLY-INVASIVE THYROID TREATMENTS

Save© Your Thyroid
International School of SIUMB

Minimally-Invasive Treatments of the THYROID

MITT 2027

Changing the Paradigm
Redefining Thyroid Care

NAPLES ITALY

Hotel Royal Continental

18th-19th FEBRUARY 2027

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Minimally Invasive Thyroid Treatments (MITT) have been demonstrated to be effective treatments for benign and malignant thyroid diseases and are increasingly integrated into clinical practice throughout Europe and worldwide. Growing evidence and continuous technological evolution are progressively reshaping the management of thyroid and parathyroid disorders.

Founded in 2018 in Italy, the MITT group promotes multidisciplinary collaboration among physicians involved in minimally invasive thyroid treatments, with the aim of improving the clinical, diagnostic, and therapeutic management of thyroid and parathyroid diseases.

The 2027 MITT Conference will further strengthen its international and European dimension, bringing together experts from multiple countries to share their experience and discuss evolving evidence, new technologies, clinical indications, and future perspectives of MITT.

A distinctive feature of the 2027 edition will be the organization of several joint sessions together with international scientific societies involved in minimally invasive treatments of the thyroid, promoting interdisciplinary discussion and international cooperation in research, education, and guideline development.

Interactive sessions, expert debates, video-based procedural learning, and real-life clinical case discussions will provide participants with a practical and clinically oriented educational experience.

The meeting will conclude with a dedicated hands-on afternoon session, allowing participants to directly experience different ablation technologies and techniques on dedicated phantoms under expert supervision.

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SCIENTIFIC COMMITTEE

Giovanni Antonelli, Naples - IT
Stella Bernardi, Trieste - IT
Edouard Ghanassia, Sete - FR
Giovanni Mauri, Milan - IT
Enrico Papini, Albano Laziale, RM - IT
Luca Maria Sconfienza, Milan - IT
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT

LOCAL HOST

Giovanni Antonelli, Naples - IT
Stefano Spiezia, Naples - IT

FACULTY

Giovanni Antonelli, Naples - IT
Stella Bernardi, Trieste - IT
Andrea Casaril, Peschiera del Garda, VR - IT
Maria Grazia Chiofalo, Naples - IT
Spyridon Chytiris, Pavia - IT
Federico Collettini, Berlin - DE
Eduardo Crespo Vallejo, Madrid - ES
Laila Daibes Rachid, Rio De Janeiro - BR
Pál Ákos Deák, Budapest - HU
Maurilio Deandrea, Turin - IT
Jose Luis del Cura, Donostia-San Sebastián - ES
Teresa Dionisio Rodrigues, Vila Nova de Gaia - PT
Juan Pablo Duenas, Medellin - CO
Robert Eisele, Oranienburg - DE
Andrea Frasoldati, Reggio Emilia - IT
Laura Fugazzola, Milan - IT
Nobuhiro Fukunari, Yokohama - JP
Edouard Ghanassia, Sète - FR
Myrsini Gkeli, Athens - GR
Pierluigi Glielmo, Milan - IT
Rinaldo Guglielmi, Albano Laziale, RM - IT
Ingo Janssen, Berlin - DE
Sina Jasim, St Louis - MO
Pauline Juttet, Lyon-Villeurbanne - FR
Pierre-Yves Marcy, Ollioules - FR
Giovanni Mauri, Milan - IT
Hervè Monpeyssen, Paris - FR
Salvatore Monti, Rome - IT
Pablo Moreno Llorente, Barcelona - ES
Roberto Negro, Lecce - IT
Roberto Novizio, Rome - IT
Vincenzo Nuzzo, Naples - IT
Chiara Offi, Naples - IT
Enyinnaya Ofo, London - UK
Pia Pace-Alsciak, Toronto, ON - CA
Giampaolo Papi, Carpi, MO - IT
Enrico Papini, Albano Laziale, RM - IT
Fourat Ridouani, New York - USA
Gilles Russ, Paris - FR
Gianpaolo Santini, Naples - IT
Lorena Savluk, Buenos Aires - AR
Luca Maria Sconfienza, Milan - IT
Oleksandr Shydlowskyy, Ternopil - UA
Eveline Therese Slotema, Marseille - FR
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT
Vincenzo Triggiani, Bari - IT
Pierpaolo Trimboli, Lugano - CH
Ralph Tufano, Sarasota, FL - USA
Erivelto Volpi, São Paulo - BR
Ana Ines Voogd, Buenos Aires - AR
Fernando Walder, São Paulo - BR
Gulsah Yıldırım, Istanbul - TR
Gibran Timothy Yusuf, London - UK

DAY 1
THURSDAY, 18TH FEBRUARY 2027

09.45-10.15 Registration

10.15-10.30 **WELCOME TO MITT 2027**
G. Mauri, L. Solbiati, S. Spiezia

SESSION 1
Benign thyroid nodules
Chairpersons: **G. Mauri, H. Monpeyssen, V. Nuzzo**

10.30-10.35 Video clip: benign thyroid nodule ablation - anatomy of the neck key points - G. Antonelli
10.35-10.40 Clinical case: from comprehensive assessment to the treatment G. Antonelli
10.40-10.45 Interactive questions
10.45-10.55 Image-guided treatment to compensate thyroid overtreatment L.M. Sconfienza
10.55-11.05 Agreement and disagreements in different guidelines - R. Negro
11.05-11.15 Is thyroid surgery evolving as a second line treatment? When and how P. Moreno Lorente
11.15-11.25 When thermoablation achieves therapeutic success compared to surgery? E. Slotema
11.25-11.35 Q&A
11.35-11.55 **Round table:**
Are we ready to propose ablation as first line treatment for BTN?

SESSION 2
Before, during and after the procedure
Chairpersons: **E. Ghanassia, S. Spiezia, V. Triggiani**

11.55-12.00 Video-clip: preparation and setting - T. Dionisio Rodrigues
12.00-12.05 Clinical case - R. Eisele
12.05-12.10 Interactive questions
12.10-12.20 The patient consultation - A. Frasoldati
12.20-12.30 Preprocedural workup, room setting and postprocedural management G.T. Yusuf
12.30-12.40 Which is the ideal nodule to treat? - S. Chytiris
12.40-12.50 Which technique for which case? - C. Offi
12.50-13.00 Q&A
13.00-13.20 **Ethical aspects:** clinical cases presentation and discussion S. Bernardi

13.20-14.20 Break

14.20-14.35 **Special Lecture:**
From reactive to proactive approach
E. Papini

DAY 1
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SESSION 3
Hot Topics: autonomously functioning thyroid nodules (AFTN) - with LAITA
Chairpersons: **A. Casaril, R. Guglielmi, A.I. Voogd**

14.35-14.40 Video clip: AFTN ablation - L. Savluk
14.40-14.45 Clinical case - S. Bernardi
14.45-14.50 Interactive questions
14.50-15.00 Clinical presentation and medical management
Pros and cons of radioiodine ablation - I. Janssen
15.00-15.10 Key points on the treatment of AFTN: management of the energy, the vascular technique, successful treatment's benchmarks - J.P. Duenas
15.10-15.20 Thermal ablation in AFTN vs non thermal ablation a new paradigm shift - R. Tufano
15.20-15.25 Q&A
15.25-15.35 *Discussion*

SESSION 4
Hot Topics: the indeterminate nodule - with NASIT
Chairpersons: **M. Chiofalo, S. Jasim, E. Papini**

15.35-15.40 Video clip: the indeterminate nodule - P. Pace Alsciak
15.40-15.45 Clinical case - P. Glielmo
15.45-15.50 Interactive questions
15.50-16.00 Molecular testing: which one is better, and how to interpret the results L. Fugazzola
16.00-16.10 Which cryteria to follow treating indeterminate nodules - M. Deandrea
16.10-16.20 Surgery, pros and cons - E. Ofo
16.20-16.30 Ablation, pros and cons - P. Pace Alsciak
16.30-16.40 Q&A
16.40-17.00 **Round table:**
Can we ablate indeterminate nodules

17.00-17.20 Break

SESSION 5
New in the field: thyroid embolization - with APSIT
Chairpersons: **F. Collettini, N. Fukunari, G. Santini**

17.20-17.25 Video clip: embolization treatment clinical case - F. Ridouani
17.25-17.30 Clinical case - F. Ridouani
17.30-17.35 Interactive questions
17.35-17.45 Thyroid embolization: how I do it - G. Yildirim
17.45-17.55 Combined therapies, what role for MITT - N. Fukunari
17.55-18.05 Q&A
18.05-18.25 **Round table:**
Multimodal approach to the treatment of symptomatic goiter

18.25-18.40 **Special Lecture:**
Terminology and reporting criteria in image-guided treatments
L.M. Sconfienza

DAY 2
FRIDAY, 19TH FEBRUARY 2027

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08.45-09.00 **WELCOME TO 2ND DAY**

09.00-09.15 **Introduction Special Lecture:**
Counterbalancing overdiagnosis by minimizing the invasiveness of treatment
G. Mauri

SESSION 6
PTC
Chairpersons: L. Daibes Rachid, T. Dionisio Rodrigues, G. Papi, F. Walder

09.15-09.20 Video clip, PTC - E. Crespo Vallejo
09.20-09.25 Clinical case - E. Crespo Vallejo
09.25-09.30 Interactive questions
09.30-09.40 Active surveillance: pros and cons - R. Novizio
09.40-09.50 Surgery: pros and cons - A.I. Voogd
09.50-10.00 US guided ablation: pros and cons - G. Russ
10.00-10.10 Tips and tricks: pearls of US guided treatment's technique - P.A. Deak
10.10-10.20 Q&A
10.20-10.40 **Round table:**
Are we ready to propose ablation as first line treatment for PTC?

10.40-11.10 Break

11.10-11.25 **Special Lecture:**
How everything started and where are we going to
L. Solbiati

SESSION 7
LYMPH NODE
Chairpersons: G. Antonelli, P. Juttett, O. Shydlowskyy

11.25-11.30 Video-clip: lymph-node ablation - P.Y. Marcy
11.30-11.35 Clinical case - P.Y. Marcy
11.35-11.40 Interactive questions
11.40-11.50 Eligibility to different treatments: is ablation a shortcut to surgery?
L. Savluk
11.50-12.00 Management of oligometastatic, advanced recurrent or nodal metastases
J.L. del Cura
12.00-12.10 Q&A
12.10-12.30 **Round table:**
How to follow up

SESSION 8
PARATHYROID
Chairpersons: M. Gkeli, S. Monti, L. Solbiati

12.30-12.40 Parathyroid ablation, clinical and anatomical management
P. Trimboli
12.40-12.50 Tips and tricks of ablative technique - E. Ghanassia
12.50-13.00 Q&A

13.00-13.20 **Special Lecture:**
Beyond the scalpel: the role of the surgeon in the management of thyroid nodule ablation, thermal vs nsPFA
S. Spiezia

13.20-13.35 Concluding remarks: what scenarios could we imagine for the next future?
G. Mauri, E. Papini, S. Spiezia

14.00-18.00 **HANDS-ON COURSE**
Thermal ablation

Participants will have the opportunity to perform ablations on dedicated phantoms using different systems across various stations, all under expert supervision.

[LIMITED AVAILABILITY]

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MEETING VENUE
Hotel Royal Continental
Via Partenope, 38
Naples, Italy

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OFFICIAL LANGUAGE
English

Scan the QR code to proceed with the registration:

REGISTRATION FEES (VAT included)
The Meeting is reserved for n. 200 Participants

Registration to the MEETING	Early registration until December 31th, 2026	Registration from January 1st, 2027
NON member	€ 350,00	€ 450,00
MITT member	€ 100,00	€ 200,00
Member of Scientific Societies affiliated with the MITT	€ 250,00	€ 350,00
Registration to the COURSE Registration is only possible in combination with meeting registration	Early registration until December 31th, 2026	Registration from January 1st, 2027
HANDS-ON Course on thermal ablation	€ 100,00	€ 100,00

MITT MEMBER

Take this opportunity to become a MITT member!
Enjoy exclusive benefits on your course registration.
The membership fee is just €150.

Join by clicking the following link:
https://forms.gle/a8QC2W84mfwHD9kBA

https://**eumitt**.com/